

Junior & Youth Coaches Course

19th-24th September 2005

Weymouth and Portland National Sailing Academy (WPNSA).

Price: £200

This 5 day, residential course provides the candidates with all of the tools and qualifications to coach at Junior or Youth level. The coaching course has a strong practical element and uses the latest techniques to develop and shape talented sailors. First aid and powerboat level 2 qualifications are also available on the course.

The main criteria for this course are good communication skills and a high level of racing ability:

- RYA squad member or top 10% of a competitive National Fleet within the last 3 years
- Experience assisting a coach or instructing
- Candidates are also required to bring a laser radial dinghy for the on the water coaching sessions. This is aimed at testing the candidate's administration skills.

Successful candidates will be awarded the RYA Club Racing Coach Course (level 2).

For further details about the course an application form, please go to:

www.rya.org.uk/racing/Coaches/ and click on RYA Coaching.





RYA Junior & Youth Coaches Course - Application

Name:	Course date:
Address:	
Postcode:	Date of Birth:
Work Phone:	Mobile:
E-mail:	
Racing experience and results (Helm/Crew):	
Coaching/ Training/Teaching experience (inc qualifications):	
Sport Science Experience (If any):	
Signed:	Date:
<p>The cost of the course is £200, which includes accommodation meals throughout the week, first aid certificate & power boat level 2 assessment. You will need to bring a Laser Radial with you on the course.</p> <p>Cheques to be made payable to the RYA and returned with the form to Alan Olive at:</p> <p>RYA House, Ensign Way, Hamble, Southampton, SO31 4YA alan.olive@rya.org.uk Tel: 02380 604 165</p>	